

# CONTACT AND DROPLET PRECAUTIONS - COVID-19

## PERSONAL PROTECTIVE EQUIPMENT (PPE)

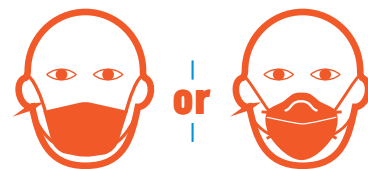
- 1 Perform hand hygiene**
- 1 Alcohol based handrub**  
Rub hands for 20–30 seconds.
- or**
- Water and soap**  
Wash hands for 40–60 seconds.



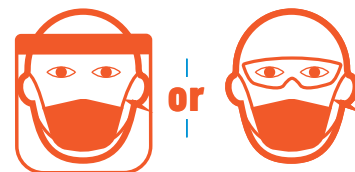
- 2 Put on the gown**



- 3 Put on the mask**
- 3 Medical mask**  
— **or** —  
**Respirator mask** (N95, FFP2, FFP3, or equivalent).  
Only use if performing aerosol generating procedures.



- 4 Put on eye protection**
- Put on face shield or goggles.



- 5 Put on gloves**
- Ensure gloves are placed over the cuff of the gown.

